Review: With the teaching of the offerings and the office of the priesthood in place, God/Elohim turned His attention to the care of the priesthood, beginning with regulations for food. Food plays a critical first step in the foundation of holiness. Without the knowledge of this protocol, His people will not know how to represent and care for the Temple or act responsibly in the position of the priesthood. The teaching on food is not a salvation issue. It is a matter of heart sanctification. What His people put into their body will directly affect their mindset, as all uncleanness comes from within.

If the reader has not had the opportunity to read the first three studies in this Leviticus series, we recommend starting with Vayikra/Leviticus 1 before reading further (www.sheepfoldgleanings.com).

Mark 7:18-23 “So He said to them, ‘Are you thus without understanding also? Do you not perceive that whatever enters a man from outside cannot defile him, because it does not enter his heart but his stomach, and is eliminated, thus purifying all foods?’ And He said, ‘What comes out of a man, that defiles a man. For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. All these evil things come from within and defile a man.’ ”

If a believer’s heart is unclean, the condition of his or her spiritual walk and relationship with God/Elohim will not grow but become stagnant. If they continue in immaturity, that dishonor will cause their defilement bringing separation from God/Elohim. The fruit of unrighteousness reveals where the heart is or rather is not (Deuteronomy 28).

Jerusalem’s Fall Explained

Ezekiel 33:23-26 “Then the word of the LORD/Yahweh came to me, saying: ‘Son of man, they who inhabit those ruins in the land of Israel are saying, Abraham...
was only one, and he inherited the land. But we are many; the land has been given to us as a possession.’ Therefore say to them, ‘Thus says the LORD/Yahweh God/Elohim: You eat meat with blood, you lift up your eyes toward your idols, and shed blood. Should you then possess the land? You rely on your sword, you commit abominations, and you defile one another’s wives. Should you then possess the land?’

The history of the children of Israel is a lesson for today. We are not to repeat the mistakes of our ancestors. Their lives are prophetic examples showing us how to walk in redemption and sanctification through obedience. As we agreed to honor His Word, the act of obedience starts first in the heart. If contaminants linger in the heart, God/Elohim is faithful to expose what the root causes are. Contamination can enter either through the eye, by what His people look at, through thought and speech or by association. In Yeshua, His people are called a royal priesthood. The Holy Place in the Tabernacle is symbolic of the mind, while the Most Holy Place symbolizes the heart. Therefore, a pure heart and mind are vital for the Bride of Yeshua.

“For as he thinks within himself, so he is” (Proverbs 23:7 NAS).

In the first chapters of Leviticus, by use of the five offerings, God/Elohim showed His people how to have a clean heart and mind when approaching Him. God/Elohim teaches His people they are made in His image and likeness (His name), hence, called holy vessels. Therefore, the need for responsibility in upholding His name and in providing a healthy dwelling for the Spirit to reside. Nevertheless, sometimes people sow or do unrighteous things unaware. That is why the need for believers to be taught how to walk in their redemption and sanctification. This learning comes from progressive revelation and is designed to keep the heart and mind free from contaminants. The last study Shemini looked at the physical component of contaminants such as food, infections, and molds. Tazria will look at the spiritual side of contaminants.

Purification After Childbirth
Leviticus 12

The birth of a child is very exciting. In His Word, God/Elohim gives mother and child a special separation after the birthing for healing and bonding purposes. If the woman has a male child she is to separate or niddah for her purification seven days plus thirty-three days - a total of forty days. For the birth of a female child, the length of separation days is double, fourteen days for her purification and sixty-six for her separation, a total of eighty days. During her niddah purification time, she is not to enter marital intimacy. The male child is to be circumcised on the eighth day. Medically the eighth day is proven to be the least painful and less blood loss for the child. The mother completes her purification at the end of forty days by presenting an elevation offering/olah and a sin offering/chatas for a status change and a sign that her separation/niddah has ended. In the New Testament / Brit Chadashah, we witness Mary obeying these instructions of separation/niddah and purification after the birth of her son, Jesus/Yeshua.
Luke 2:22-24 “Now when the days of her purification according to the law of Moses were completed, they brought Him to Jerusalem to present Him to the Lord (as it is written in the law of the Lord, ‘Every male who opens the womb shall be called holy to the LORD/Yahweh), and to offer a sacrifice according to what is said in the law of the Lord, ‘A pair of turtledoves or two young pigeons’” (Leviticus 12).

The separation/niddah time is not only for healing of the body after the birthing process but also allows the mother to enjoy her baby without added pressures imposed on her. God/Elohim sets aside the separation period to bring complete health to both mother and child. In obeying these commandments for healing, Scriptures says, “Blessed will be your womb, your possessions, and your land.”

Deuteronomy 28:9-11 “the LORD/Yahweh will establish you as his holy people, as he promised you on oath, if you keep the commands of the LORD/Yahweh your God/Elohim and walk in his ways. Then all the peoples on earth will see that you are called by the name of the LORD/Yahweh, and they will fear you. And the LORD/Yahweh will grant you abundant prosperity - in the fruit of your womb, the young of your livestock and the crops of your ground - in the land he swore to your forefathers to give you.”

Protocol For An Unclean Believer
Leviticus 13:34-36

Where does disease come from? The body, soul, and spirit are all interconnected as the following passage in 3 John confirms.

3 John 1:2 “Beloved, I pray that in all respects you may prosper and be in good health, just as your soul prospers.”

Our thoughts and emotions combine with our will to form our soul. They must all act in unity as one/echad. Our beliefs shape the cornerstone of how we see things, which impacts how we store information. What we know is based on how we interpret data from our senses. Sometimes we may see things differently than others or simply be in the wrong. Healthy relationships require flexibility with the ability to see things from many different perspectives regardless of your position or personal belief. For this reason, God/Elohim gave us His Word. It acts as the measuring line for all truth in our lives.

Freewill is what produces action based on the thoughts, emotions, and beliefs we may face, whether good or bad. We cannot allow our imaginations to dilute or speculate about things that are not true. For example, we may interpret someone as angry when in reality they are sad or just squinting to protect their eyes from the glaring sun. The key distinction between feelings and emotions is that emotions, as opposed to reason, are the subjective reactions involving psychological and physical changes that fuel feelings (the capacity for both emotion and sensibility) with a belief system. If that belief system has
been programmed with negative data, the body functions on negative instead of a positive response, which in turn affect the whole lifestyle.

Emotions start from the womb. At the 24th week, a baby can hear and begin to distinguish sounds. DNA is silent intelligence and RNA (ribonucleic acid) is the transmission of that data. Every thought, impulse, emotion, and belief impacts both the RNA transmission and the DNA programming. For example, if a person expects rejection or is bitter that expectation will affect how they see, hear, and feel.

Examples of unrighteous emotional roots are spirits of fear, anger, jealousy, bitterness, sorrow, etc. These roots can influence us. They can come as a result of our ancestor’s iniquities or by us having come into agreement with the kingdom of darkness through innocent or willful sin (transgressions). Scripture tells us our battle is not against human beings (flesh), but against principalities and powers, against the rulers of the darkness of this world and the spiritual forces of evil in the heavenly realm (Ephesians 6:10-12). There is a connection between our spirit man and our soul (our mind, will, memory, and emotions), and as such, we can fall prey to becoming one with tempting thoughts the adversary would have us think. Disease can be an outcome of these unclean influences.

In the last study Shemini, we looked at God’s/Elohim instructing His people not to bow down to other gods or they will reap the consequence from that sin. Scripture says the sins/curses of the fathers who have bowed down and served other gods, and their idols flow to the third and fourth generation.

Exodus 20:5 “You shall not bow down to them [other gods] nor serve them. For I, the LORD/Yahweh your God/Elohim, am a jealous God/Elohim, visiting the iniquity of the fathers on the children to the third and fourth generations of those who hate Me”.

If God’s/Elohim people come into agreement and participate with unclean actions, thoughts or behaviors, the sin from that action can transfer from one generation to a succeeding third and fourth generations. A disease can be an outward sign that results producing conditions such as schizophrenia, heart disease, some cancers, and alcoholism.

Life is in the blood. We are the result of our parent’s blood coming together. We are flesh of their flesh. Iniquities can show up as predispositions to unloving personality characteristics such as those mentioned earlier; that of fear, anger, and sorrow. It is as if their voices call out through the memory of the blood and, if we listen, we become one spiritually and psychologically with them inheriting the same wrong mindsets and attitudes as our ancestors (Leviticus 17:11).

Deuteronomy 28 records the blessings that God’s/Elohim people enjoy when they honor His Word and their marriage Covenant with Him. Deuteronomy also records a list of curses that will follow if His people dishonor their vow (knowingly or innocently).
How do curses fall upon believers? When they make a vow of obedience to God/Elohim, the Holy Spirit/Ruach HaKodesh acts as a witness between heaven and the earth. God’s/Elohim people are made in His Image (Name). If they reject or trespass against His ways, they bring dishonor to His Image (Name), which defames His Glory. Therefore, the resulting consequences are a sign to show His people they have missed the mark. This is to help them mend their ways and return to their first love. Hence, God/Elohim is as faithful to the curse as He is to the blessing (1 John 5:6-8 KJV/NKJV).

1 John 4:19 “We love Him [Yeshua] because He first loved us.”

Revelation 2:4-5 “Nevertheless I have this against you [believer], that you [believer] have left your first love. Remember therefore from where you [believer], have fallen; repent and do the first works, or else I will come to you [believer], quickly and remove your lampstand from its place - unless you [believer], repent.”

Quoting from Pastor Henry Wright’s book A More Excellent Way,

“Diseases in our lives can be a result of a separation from Him [God/Elohim] and His Word in specific areas of our lives. God/Elohim would have to become double minded, would have to become evil in condoning evil, in order to bless us in our sins.”

Any thoughts God’s/Elohim people have that do not match the confession they made to Him or if they are allowing fears and phobias, envy, and jealousy to manifest in their lives – that behavior is noted as insanity in Scripture. Why? They have become one with things that are not of God’s/Elohim Kingdom. If His people continue manifesting these over time, they will become part of the person’s physiology. Thus, if not repented for, they may try to justify it by saying, “That’s just the way I am.” (James 4).

One of the major blockages to healing is unforgiveness. This emotion can cause bitterness and even bitterroot judgments to manifest. Bitterness can be against God/Elohim, a neighbor, or even personally. Guilt, shame, and self-pity are all offshoots of bitterness and act like glue binding a person to their past. Unforgiveness negates the death of Yeshua and denies the fact that He forgave us and made all things new. If we do not forgive when we have been forgiven then we are applying a double standard; a standard for us personally that does not apply to others. When the principle of forgiveness is not implemented, the consequence rests on the one choosing to withhold forgiveness to those Yeshua set free. Therefore, should we not forgive others fully as Yeshua taught? Bitterness is the root of many diseases that can lead to an early death if left unchecked.

Possible symptoms related to a bitterroot spirit are plagues, wasting diseases, burning fevers, inflammations, incurable boils, tumors, festering sores, incurable itches, blindness, fear, prolonged plagues like diabetes and ongoing illnesses like cancer and heart disease (Deuteronomy 28:21-61).
**Nehemiah 8:10** “Do not sorrow, for the joy of the LORD/Yahweh is your strength.”

**1 John 1:9** “If we [believer] confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

---

### The Battleground Of The Mind

When a person comes to salvation, they are taught to forgive, because “anyone who claims to be in the light but hates his brother is still in the darkness” (1 John 2:9). Satan’s mission is to keep a believer blind to the truth so they will walk in darkness (the realm of death), and especially in unforgiveness, which blocks redemption. In Yeshua, believers have the truth, and the truth will set them free *if they choose to walk in it*. Through Yeshua, believers are no longer under the law of sin and death as they now have access to the law of liberty (Leviticus), which brings life through obedience. However, it is the believer’s decision to believe. Believe what? Believe the Word, the “whole Word” from Genesis to Revelation. In examining the heart, is our walk for or against Yeshua, as Yeshua is the physical manifestation of the “whole Word”? One of the signs of “believing” is how a believer actively walks in what they believe. Therefore, the believer’s job is to discern their thought-life by casting down *all* vain imaginations that are opposed to His Life within them.

**2 Corinthians 10:5** “Casting down imaginations, and every high thing that exalteth itself against the knowledge of God/Elohim, and bringing into captivity every thought to the obedience of Jesus/Yeshua.”

As the apostle Paul says, both laws are at work within a believer’s members: *the law of life and the law of sin and death*. When faced with situations, there is always a choice before us: to obey God/Elohim and walk in the realm that gives life or disobey and incur the consequence (Romans 7). As a believer begins to study *the law of life*, the Spirit of Yeshua trains us to desire to walk in holiness and to forgive our fellow man.

The opposite is also true, in that, the spirit of unforgiveness is an enemy that wants to attack our fellow man by sowing seeds of discord and divisions among the body of Messiah. With both laws warring, believers need to strengthen themselves so the law of sin will not tempt them. The fortification of faith in Yeshua’s Word (from Genesis to Revelation) builds a confident and secure walk.

Daily we are learning that unforgiveness brings evil/death, and forgiveness brings good/life. Walking in this understanding is maturity. Knowing God’s/Elohim instructions and how His principles function gives believers wisdom and discernment. This knowledge enables God’s/Elohim people to choose life and reject death. That is how they and future generations will walk in the blessings and not incur curses (Deuteronomy 30:19).

**Exodus 20:5-6** “you shall not bow down to them [other gods] nor serve them. For I, the LORD/Yahweh your God/Elohim, am a jealous God/Elohim, visiting the iniquity of the fathers on the children to the third and fourth generations of those
who hate Me, but showing mercy to thousands, to those [people. One generation represents a 1000] who love Me and keep My commandments.”

**1 Corinthians 3:2-3** “And I [Paul], brethren, could not speak to you as to spiritual people [believers] but as to carnal [not mature], as to babes in Christ/Messiah. I fed you with milk and not with solid food; for until now you [believers] were not able to receive it, and even now you [believers] are still not able; for you [believers] are still carnal. For where there are envy, strife, and divisions among you, are you not carnal and behaving like mere men?

**The War Within The Mind**

In Romans 7:16-18, 7:22-23, 25, 8:1-2 Paul taught: “I agree that the law [Torah – God’s/Elohim teaching and instruction] is good. As it is, it is no longer I myself who do it, but it is sin living in me. I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For in my inner being I delight in God’s/Elohim law [the law of life - His teaching and instruction - the Torah]; but I see another law [the law of sin and death] at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin [and death] at work within my members. Thanks be to God/Elohim - through Jesus Christ/Yeshua Ha Mashiach our Savior! So then, I myself in my mind am a slave to God’s/Elohim law [Torah, the law of life], but in the sinful nature a slave to the law of sin [and death]. Therefore, there is now no condemnation for those who are in Jesus Christ/Yeshua Ha Mashiach, because through Jesus Christ/Yeshua Ha Mashiach the law of the Spirit of life [Torah, the law of life] set me free from the law of sin and death.”

**Hebrews 5:14** “But solid food is for the mature, who by constant use have trained themselves [the mind] to distinguish good from evil.”

Through Yeshua’s death, His people are now given the ability, strength, and freedom in their hearts to forgive. This new nature takes unclean thoughts into captivity. By the power of the Spirit of Yeshua, they can train their heart to recognize and repent of any wrong actions or speech that may occur. When believers begin to walk in His Kingdom (The Tree of Life), moving from one kingdom (the enemy’s realm) to Yeshua’s Heavenly Kingdom (holiness – Royal Court) is how strongholds are defeated.

If believers are made in God’s/Elohim image and set free by Yeshua’s death and resurrection, then why is there just so much infirmity, psychiatric disorder, and biological disease among believers as there is in the world? Is Yeshua diseased, insane or bitter? His people must ask themselves, are we truly walking in one accord with His Word? If so, the fruit of transformation will be apparent. The grace of Yeshua makes it possible for His people to recognize what is good versus what is evil, so they can choose to walk in His upright ways and be blessed.
Is Disease A Product Of Our Thinking?

The life of the body is in the blood. Satan seeks to destroy? If the enemy can gain access to the DNA (through generational sin/iniquities or personal sin/transgressions), then that body becomes accessible to his plans. As believers, we have a sword in our hand, but we need to learn how to use it.

**Hebrews 4:12-13** “For the word of God/Elohim is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart. And there is no creature hidden from His sight, but all things are naked and open to the eyes of Him to whom we must give account.”

Yeshua’s people know that their soul and spirit are to work together, but if they repeatedly entertain spirits of fear of tomorrow, creating imaginations of what could go wrong and projecting that into the future, eventually they will become one with that fear. For example, a disease, like high blood pressure, can be a symptom of fear. God’s/Elohim Word says He has not given His people a spirit of fear but of power, love, and a sound mind. Yeshua, the Living Word of God/Elohim, is Spirit and Truth, therefore, is Life. The Spirit of Yeshua is for a believer to bear witness to His Truth because He desires to lead them into all truth.

At the spirit level, what the enemy tries to do is make God’s/Elohim people afraid of tomorrow. The Spirit of the Holy One brings this negative thought under the authority of the His Word. Scripture says, “For it is written.” “This is what I have said. Listen to My words. No longer listen to the voice of the enemy.”

**2 Timothy 1:7** “For God/Elohim has not given us a spirit of fear, but of power and of love and of a sound mind.”

How important it is for a believer to read the Word of God/Elohim and walk in agreement with what is written? The Holy Spirit/Ruach HaKodesh acts on what God/Elohim says. He does not act on what the enemy says. The Spirit of the Holy One only responds to the truth. He will not respond to a lie or be in agreement with the enemy’s thoughts. Believers, who are in ignorance, may unconsciously be agreeing with the enemy because of his constant conditioning of their hearts in that direction, but God/Elohim says, we are only to hear and obey His Word.

**John 10:5** “Yet they [believers] will by no means follow a stranger, but will flee from him, for they do not know the voice of strangers.”

Through the washing of the Word, our minds are renewed so that the principles of God/Elohim (the realms that bring life) are prominent in our lives. When our soul comes into agreement with His Word, we become one/echad with Him. It is then that the Word of God/Elohim in us opposes the law of sin and death.
Psalm 18:2 “The LORD/Yahweh is my rock and my fortress and my deliverer; My God/Elohim, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold.”

Psalm 27:1 A Psalm of David. “The LORD/Yahweh is my light and my salvation; whom shall I fear? The LORD/Yahweh is the strength of my life; of whom shall I be afraid? When the wicked came against me to eat up my flesh, My enemies and foes, They stumbled and fell. Though an army may encamp against me, My heart shall not fear; though war should rise against me, in this I will be confident.”

How To Cleanse

2 Corinthians 7:1 “Since we [believers] have these promises [in the law of life], dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God/Elohim” (2 Timothy 2:20-21).

What spiritual filthiness or defilement could the above passage be speaking of, as this Scripture is addressed to believers? To be afraid of the future or what might go wrong tomorrow is the sin of dishonor not only against God/Elohim but also against others and self. When believers repent and return to walk in agreement with The Word, God/Elohim begins to separate any ungodly nature (the realm of death), from His nature (the realm of life). Then the heart and mind can be renewed. Belief is restored again by trusting more fully in His Covenant within them. Any problems and challenges believers may face today are teaching tools in their victory over unclean spirits of sin and death. That is why He calls His people overcomers. The overcomer is a believer who overcomes sin and death by agreeing to walk according to Yeshua’s Covenant principles. He taught His principles on Mount Sinai through Moses (written in the book called Leviticus) to restore His perfect order and blessing to His people (John 5:46-47). Yeshua’s will is to bless, redeem, and sanctify His people according to His Word, so they will no longer walk as strangers and foreigners to His Word, but walk as full citizens and ambassadors in His Kingdom.

Deuteronomy 33:29 “Happy are you, O Israel! Who is like you, a people saved by the LORD/Yahweh, The shield of your help and the sword of your majesty! Your enemies shall submit to you, and you shall tread down their high places.”

Romans 5:1-5 “Therefore, having been justified by faith, we have peace with God/Elohim through our Lord/Adonai Jesus Christ/Yeshua HaMessiah, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God/Elohim. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God/Elohim has been poured out in our hearts by the Holy Spirit who was given to us.”
We again quote Hebrews 4:12-13,

“For the word of God/Elohim is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of [a believer’s] heart. Nothing in all creation is hidden from God’s/Elohim sight. Everything is uncovered and laid bare before the eyes of him to whom we [believers] must give account.”

What hidden reference is Hebrews chapter 4 referring? What unknowns does Yeshua see that believers need to recognize? Correspondingly, what causes the immune system to break down and cause diseases? The other side of the physical health and nutritional care of the temple is the spiritual maintenance (Leviticus 11). How are believers maintaining His temple? If health were merely a nutritional issue, we would not need God/Elohim. Our god would be what we put in our belly. When we look at disease in Deuteronomy 28:15 we discover the root of disease is sin, as no mention is made of nutrition. Thus, the teaching on the priesthood (Bride of Yeshua) begins with the physical obedience (i.e. food) and then the spiritual obedience.

**1 Corinthians 15:46** “However, the spiritual is not first, but the natural, and afterward the spiritual.”

**Diseases Of The Heart**

*The Causes Of A Broken Spirit*

**Leviticus 4:31** “He shall remove all its fat, as fat is removed from the sacrifice of the peace offering; and the priest shall burn it on the altar for a sweet aroma to the LORD/Yahweh. So the priest shall make atonement for him, and it shall be forgiven him.”

The cause of fear is resentment. The root of resentment is unforgiveness. Pride hosts fear. In Scripture, fat is a reference to pride that can lead to separation (Leviticus 4:31). God/Elohim commands His people not to keep the fat (pride), but remove and place it on the altar allowing Him to burn it completely. This action exposes the organs allowing Him to cleanse His people thoroughly of anything that war within them or is against Him.

The medical field says that fear and stress can release a very damaging hormone in the body called cortisol, which can affect the pituitary and/or adrenal glands. If an imbalance occurs, it can affect the metabolic and immune systems, thyroid, sleep pattern, bone density, and muscle tissue. Other health problems like an impaired immune system, fibromyalgia, adrenal fatigue, diabetes, cardiovascular, and neurological problems can also be associated with high levels of cortisol. As long as there are unresolved fears, anxieties or stress-related issues, if not corrected, cortisol levels will continue. If symptoms persist, a believer must look at what kinds of fear could be at the root of their health issues.

**Proverbs 17:22** “A cheerful heart is good medicine, but a broken spirit dries up the bones.”

© Copyright 2003 – 2019 - Leviticus - Sheepfold Gleanings Inc. All Rights Reserved
**1 John 4:18** “There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.”

**Isaiah 35: 3-6** “Strengthen the weak hands, and make firm the feeble knees. Say to those who are fearful-hearted, ‘Be strong, do not fear! Behold, your God/Elohim will come with vengeance, with the recompense of God/Elohim; He will come and save you.’ Then the eyes of the blind shall be opened, and the ears of the deaf shall be unstopped. Then the lame shall leap like a deer, and the tongue of the dumb sing. For waters shall burst forth in the wilderness, and streams in the desert.”

**On Love**

Henry Wright of *Be In Health* says that over eighty-five percent of the people in America do not remember hearing their father say to them as a child “I love you.” Many have negative memories and scars from emotional, verbal, physical, and even sexual abuse. All these and more can lead to a driven type character, one that is obsessed with performance, perfection, legalism, and control to obtain love and be accepted. These matters can produce fear, anxiety, and stress. The Bible recognizes this truth, explaining to believers, “There is no fear in love.” So what comes to fill the void for those who have not been appropriately loved; to those who have not had demonstrations of affection, words of love and affirmation in childhood? Sadly, many go into fear.

How can a believer be set free from fear? Perfect love. How does a believer receive this perfect love? When it seems like a believer may be surrounded by rejection (by man or by situations), it could be that God/Elohim chose to set them apart. So it may not be rejection per se, but God/Elohim separating them from the wiles of the enemy. Out of all who had a choice to walk with Him, God/Elohim sees the heart of those who truly love Him. If you have at any time felt rejected, you were the one He chose. Therefore, what looks like rejection by man, should not be the basis that forms a person’s character, when in reality, it was God/Elohim who set His people apart to dwell with Him and be His Beloved Bride. Therefore, a believer chooses to walk in belief and obedience to His Word, as it is obedience to His truth that casts fear out and sets His people free to receive His perfect love.

**1 John 4:18** “There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.”

**What Is Torment?**

Torment is also called *tribulation* in Scripture. If a believer wrestles with emotional pain and has no peace in his or her life, it may be that God/Elohim is not Lord of their life in that area …yet. Torment can be the result of unresolved issues (like unforgiveness) related to breakdowns in the family, marriage, friendships, congregations, workplaces, or financial difficulties and so on that keeps fear, stress, and anxiety operating in their lives.
Torment sets in motion spiritual, mental, and body imbalances. Ninety percent of all physical pain disorders are spiritually rooted in what the medical field calls psychogenic pain, caused by a negative view of oneself, along with fear and anxiety.

All the enemy needs is one gland, the hypothalamus, to throw people into dis-ease, which can produce well over 100 diseases, that are either activated by an imbalance in body chemistry or neurology, all based on how people think.

He that fears is not made perfect in love and is not able to give or receive love without fear. This imbalance can become a foundation that destroys the immune system. When a believer does not feel loved, accepted, or nurtured, and no one encourages, compliments or tells them they are loved, it could lead to a spiritual root of rejection, leading to intimidation, poor self-worth, codependency, and the list continues. All these accumulate to become part of a spiritual and physiological root of rejection. Being in Yeshua’s Word and applying His truth daily to our lives washes and renews a right spirit within us, set apart to do His will.

**2 Timothy 1:7** “For God/Elohim has not given us [believer] a spirit of fear, but of power and of love and of a sound mind.”

**Psalm 51:10** “Create in me a pure heart, O God/Elohim, and renew a steadfast spirit within me.”

**Our Thoughts**

Thoughts can come from three sources: God/Elohim, the flesh or the enemy. God/Elohim knows the thoughts His people attempt to hide or that they use to compensate for their lack of trust in Him. That is called a fabricated personality. A fabricated or false response will not only hinder the believer but others also. Science has established that the thoughts of the heart can project in a 10-12 foot radius. You can almost slice the air around an angry person, but be in the company of a joyous person and you are caught up in their happiness.

The skin diseases mentioned in Leviticus are not merely physical afflictions but are outward manifestations revealing the spiritual condition of the heart. God’s/Elohim Word is designed to let His people know if he or she has crossed over from the realm of life and touch the realm of death. He is continually teaching His people discernment. Salvation is not the issue here. This teaching on uncleanness is for the believer - one who is saved but contaminated. Why is this so important? Believers are called a royal priesthood. Priests enter the Tabernacle. However, if they are contaminated, they cannot enter the Tabernacle, no matter how much “Blood of Jesus” or “Grace” is on them. It is because of the blood of Yeshua that they need to follow the protocol of cleansing before entering. Why? Yeshua is holy; therefore, His blood is holy. If His people ignore His protocol of holiness while under His holy blood (grace), they bring defilement, which causes lack, decrease, and even death (Exodus 19:5-6; 1 Peter 2:9).
1 Corinthians 11:27-31 “Therefore [believer], whoever eats this bread or drinks this cup of the Lord/Adonai/Yeshua in an unworthy [unclean/disrespectful] manner will be guilty of the body and blood of the Lord [Yeshua, as His is Holy]. But let a man [the believer] examine himself [his heart], and so let him eat of the bread and drink of the cup. For he [the believer] who eats and drinks in an unworthy manner [in an unclean state] eats and drinks judgment to himself, not discerning [honoring] the Lord’s body [holiness]. For this reason many are weak and sick among you, and many sleep [die]. For if we [believer] would judge ourselves, we [believer] would not be judged.”

Our Words

Slander and gossip can also bring defilement. Unclean words lead to afflictions that contaminate not only the one speaking the slander but to those hearing it whether they are a believer or not.

God’s Elohim Word says that contamination can break out in three areas: garments, houses or on our body. Gossip and slander are relating ritually unclean or destructive talk about a person to others without their knowledge. This behavior is acting as Satan’s mouthpiece that will poison a believer’s soul. The Word says it is wrong to malign others and will lead to death (spiritually and/or physically). By studying ritual cleanliness, through God’s Elohim teaching and instruction, believers learn how to live holy, sanctified lives, free from contaminants that can cause death and destruction in their life and the lives of others.

Proverbs 13:2 “A man shall eat well by the fruit of his mouth, but the soul of the unfaithful feeds on violence."

Proverbs 18:6-8 “A fool’s lips enter into contention, and his mouth calls for blows. A fool’s mouth is his destruction, and his lips are the snare of his soul. The words of a talebearer are like tasty trifles, and they go down into the inmost body.”

Proverbs 12:5-6 “The thoughts of the righteous are right, But the counsels of the wicked are deceitful. The words of the wicked are, ‘Lie in wait for blood,’ But the mouth of the upright will deliver them [from the wicked].”

How To Turn It Around?

How do believers go about cleaning contamination (the sin of dishonor) from their lives and prevent it from spreading?

2 Timothy 2:20-21 “But in a great house there are not only vessels of gold and silver, but also of wood and clay, some for honor and some for dishonor. Therefore if anyone [believer] cleanses himself from the latter [dishonor], he will
be a vessel for honor, sanctified and useful for the Master, prepared for every good work.”

When God’s/Elohim people are hidden in the Messiah Yeshua by doing what He instructs, He provides strength and victory for them to overcome the enemy. Walking in His Righteousness (right ways) will cause His people to return.

**Psalm 19:7** “The law of the LORD/Yahweh is perfect, converting the soul; the testimony of the LORD/Yahweh is sure, making wise the simple;”

**Exodus 20:6** The LORD/Yahweh said, “…but showing mercy to thousands, to those who love Me and keep My commandments.”

Sin in neglecting His ways will cause His people to miss the mark, which brings contamination. How does sin contaminate? His people have been given His mark. His mark is His Word. His Word set boundaries that keep His people covered, safe, and protected in His Kingdom provisions. When a person desires to be one with Him, they agreed to keep and live by His Word. They then enter into a Covenant relationship. Their desire is to aim for His mark/His Word and is the reason why His people study His Word so they will always know His discern, which gives them the direction for their lives. When His people miss His mark (purposefully or innocently) the distance they go past the mark is then measured against them. This measurement is called “sin” or “missing the mark” and will be the witness against them. That is what brings the judgment and consequence into their lives. It is by their own doing. That is why each believer is responsible for his or her own sin. The enemy relishes in God’s/Elohim people missing the mark, as he desires to rush in and destroy. But God/Elohim has given His people His Word to keep. When they repent, return, and obey, the keys to His Kingdom are once again opened before them. Their obedience shuts the door to the enemy (For more information, on how to walk and what sin is, refer to #7 Terumah Exodus 25 study www.sheepfoldgleanings.com)

A believer desiring to be restored will have to acknowledge their error and repent, then bathe (mikvah), before returning to the camp. This decisive action will keep God’s/Elohim people journeying on the Highway of Holiness and in the realm of life (Isaiah 35:8). That is why much of the New Testament/Brit Chadasha is written on how believers are to think and what their attitudes ought to be. Those who are in Yeshua are destined to become priests. Therefore, they are not to entertain untruths such as ungodly thoughts, opinions or ways but are to be overcomers, allowing Yeshua’s peace to rule and reign in their hearts.

**Philippians 4:4-9** “Rejoice in the Lord/Adonai always. Again I will say, rejoice! Let your gentleness be known to all men. The Lord/Adonai is at hand. Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God/Elohim; and the peace of God/Elohim, which surpasses all understanding, will guard your hearts and minds through Christ Jesus/Yeshua Ha Mashiach.”
“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God/Elohim of peace will be with you.”

Inflammations
Leviticus 13:6-9

When the Bible speaks of inflammations, it is also about vain imaginations, mind games, slander, and gossip (lashon harah in Hebrew). These contaminate and make believers unclean, as well as spread like a forest fire. It only takes one spark to start a forest fire that is how quickly lashon harah spreads. Gossip is the spark that starts the fire and consumes everything, inflaming and maiming others in its sphere of influence. If the fire is not contained, it will continue to spread until it engulfs the whole house. Strong’s H6879 describes this as tzarat, meaning in Hebrew the visible manifestation of the contagious impurity. God/Elohim will not tolerate this in His House. Slander, bloodshed, false oaths, and immorality are lies of the enemy that will destroy a whole community. They are not of God’s/Elohim Kingdom (More detail is given in the study Kedoshim www.sheepfoldgleanings.com).

Exodus 4:6-8 “Furthermore the LORD/Yahweh said to him [Moses], ‘Now put your hand in your bosom.’ And he put his hand in his bosom, and when he took it out, behold, his hand was leprous, [tzara] like snow. And He said, ‘Put your hand in your bosom again.’ So he put his hand in his bosom again, and drew it out of his bosom, and behold, it was restored like his other flesh. Then the LORD/Yahweh said, ‘Then it will be, if they do not believe you, nor heed the message of the first sign, that they may believe the message of the latter sign.’”

In Exodus 4:6-8, God/Elohim is teaching Moses the difference between clean and unclean. He gave Moses and the children of Israel this lesson by way of signs and wonders to demonstrate the spiritual manifestation of uncleanness in hearts and said, “it is what comes out of the heart that makes a man unclean.” God/Elohim is calling His people to return to Him, to obey His voice, and to keep His Covenant, as He is the only One, who can bring healing and restoration (Exodus 19:5-6).

Another sign of an evil tongue was with Miriam, Moses’ sister. Numbers 12:1-15 records what happened when Miriam and brother Aaron judged Moses for marrying a black skinned Ethiopian woman. Stepping outside the boundaries of God’s/Elohim Word brought Miriam into judgment in the form of a skin condition called tzarat, in which her skin turned white as snow. This outward appearance revealed, in black and white, the truth of her heart for all to see. By straying outside the mark of God’s/Elohim Word, Miriam brought contamination upon herself. The distance missed was then measured against her. In contamination, Miriam was led outside the camp for seven days until the time of her isolation was complete. Even if she had repented during those seven days, she was not allowed to return until the days of consecration were complete. The children of
Israel did not journey until Miriam returned to camp. That was the measure of her sin and shows the anatomy of the action, judgment, and consequence of sin.

Miriam’s sin was lashon hara, gossip, and slander. If God’s/Elohim people gossip and slander, they render themselves impure and unclean, thus, for seven days place themselves outside the camp. During that time, they miss the blessings and potential journeys until their set-apart time for uncleanness is complete. Knowing this should make believers think very carefully about what their approach, their thoughts, and their speech will be towards others in the future.

Burns
Leviticus 13:9-25

Burns cause inflamed flesh. Anger also causes the face to become red, reddish white or white with rage. An affliction of the skin is a tzarat affliction. What causes a person to be so inflamed with rage and anger?

James 1:14, 19-22 “Each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death. Everyone should be quick to listen, slow to speak and slow to become angry, for man’s anger does not bring about the righteous life that God/Elohim desires. Therefore, get rid of all moral filth and the evil that is so prevalent, and humbly accept the word planted in you, which can save you. Do not merely listen to the word, and so deceive yourselves. Do what it says.”

Cleaning Our Ways

The Ritual Application Of God’s Principles

The treatment for tzarat was to remove and isolate the contamination. The one spreading gossip, slanderous thoughts, and adverse reports was removed before the infection spread throughout the whole camp. During that time, the infected one was considered contagious. After the seven days, the priest inspected to see if the condition had spread or changed. The priest was looking at both the body and heart condition of the contaminated person. Treating the heart and mind (sickness of the spirit) took care of the disease of the body in the physical dimension. Once restored to Godly order, the priest anointed the person with oil. The person then immersed in water/mikvah for a status change, from an unclean realm to a clean realm, before being allowed to return to the community once again.

When believers act on a directive for restoration, that action is called applying the ritual application of the law (or instruction) for life. That law is for life and is still applicable today. It is the same law Yeshua handed to Peter called the keys of the Kingdom of Heaven. This law does not come from Judaism or rabbinic teaching, but from Yeshua, The Book Of Life – Torah (Matthew 16:19).
Often a community can be too quick to receive a tzarat/unclean person back into the fold before the said person has totally repented or cleansed his or her way as instructed by God/Elohim in His Word. Even more damaging is that a tzarat /contaminated person may still be at large continuing to spread contamination throughout the community because leadership has not addressed the situation correctly. Restoration of fellowship with God/Elohim and fellow man is only attainable through repentance and forgiveness. Tzarat afflictions are designed in such a way as to alert and warn the believer. It is intended to help them see the need for restoration and a return to Shabbating (resting) in the King. The fruit of repentance restores a believer once again, thereby keeping the camp in right functioning order and at peace with Him.

**Psalm 51:10** “Create in me a clean heart, O God/Elohim; and renew a right spirit within me.”

**John 14:15** “If you love Me, keep My commandments.”

**John 14:24** “He who does not love Me does not keep My words [has no peace]; and the word which you hear is not Mine but the Father’s who sent Me.”

*To be continued...*

**Shabbat Shalom**

**Julie Parker**

Reference

*A More Excellent Way: Spiritual Roots of Disease* by Henry W. Wright

[www.beinhealth.com](http://www.beinhealth.com)

Sheepfold Gleanings is run by volunteers.
If Sheepfold Gleanings is your main spiritual meal, thank you for your support.
For those who wish to bless the Sheepfold Gleanings project, donations may be sent to
Sheepfold Gleanings; 6655 Royal Avenue; P.O. Box 94014; West Vancouver, BC; V7W 2B0 CANADA

*Sheepfold Gleanings* written by Julie Parker

**Mail:** 6655 Royal Avenue; P.O. Box 94014; West Vancouver, BC; V7W 2B0 CANADA

**Website:** [www.sheepfoldgleanings.com](http://www.sheepfoldgleanings.com)

**Email:** sheephear@yahoo.ca

© Copyright 2003-2019 Sheepfold Gleanings Inc. All Rights Reserved.

All materials are protected by copyright and are owned or licensed by *Sheepfold Gleanings*. Except as expressly permitted under these terms, any use of such materials is prohibited without our written consent. You are granted a limited, non-transferable and non-exclusive license to use, copy, and distribute any complete page or, where a document consists of more than one page, any complete document contained in this book, including related graphics, subject to the following conditions: 1. Copying or distributing less than a complete page or (where a document consists of more than one page) the complete document is prohibited; 2. The copyright notice set forth above and this permission notice must appear on all copies; 3. Use, copying and distribution shall be solely for informational, non-commercial purposes; and 4. No graphics elements on this book may be used without express written consent.